# LUNCH ENTRÉES

## **PASTA**

#### MEAT LASAGNA

Layered pasta with meats, ricotta and mozzarella in a Bolognese sauce. 18

## RIGATONI BOLOGNESE

Our homemade meatball recipe, with a marinara sauce over linguine. 18

## LINGUINE WITH MEATBALLS

Our homemade meatball recipe, with a marinara sauce over linguine. 18

## LINGUINE AND BROCCOLI

Linguine sautéed with fresh broccoli, garlic, olive oil and butter. 18

#### WILD MUSHROOM RAVIOLI POMODORO

Wild mushroom ravioli in a tomato pesto sauce with Gorgonzola. 18

## LINGUINE WITH CLAM SAUCE

Linguine in a savory red tomato sauce or white clam sauce with garlic and herbs. 21

#### LOBSTER RAVIOLI

With fresh tomatoes, sundried tomatoes, mushrooms and fresh spinach in a pink vodka sauce. 22

## **EGGPLANT**

Served over pappardelle pasta

#### **EGGPLANT FIORE**

Eggplant filled with sundried tomato and spinach, topped with mozzarella and a vodka pink sauce. 18

## EGGPLANT PARMESAN

Breaded eggplant with mozzarella and romano cheeses in a fresh marinara sauce. 17

### EGGPLANT ROLLATINI

Rolled eggplant filled with ricotta, mozzarella cheese and spinach in our marinara sauce. 18

#### FROM THE GRILL

Grilled to your liking and served with mashed potatoes

GRILLED CHICKEN 22

GRILLED SALMON 28

GRILLED SHRIMP 28

## **SEAFOOD**

#### SHRIMP SCAMPI

Butterflied shrimp, capers and garlic in a white wine sauce, sautéed and served over linguine. 22

## SHRIMP FRA DIAVOLO

Sautéed in a spicy marinara sauce over linguine. 22

## CALAMARI FRA DIAVOLO

Sautéed in a spicy marinara sauce over linguine. 20

## SHRIMP AND SCALLOPS

Sautéed with fresh garlic, fresh tomatoes and sundried tomatoes in a marinara sauce over penne. 26

#### SOLE FRANCAISE

Tender fillets of sole dipped in egg and sautéed in a lemon-butter white wine sauce. 20

#### SALMON OREGANATA

Garlic, capers and broccoli in a white wine sauce. 24

## ZUPPA DI PESCE

Clams, mussels, shrimp, calamari, and scallops sautéed in marinara sauce. 32

## **CHICKEN**

Served over pappardelle pasta

#### CHICKEN FIORE

Breast of chicken topped with spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink sauce. 19

## CHICKEN FIORE WITH LOBSTER

Breast of chicken topped with lobster meat, spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink sauce. MP

#### CHICKEN PARMESAN

Breaded chicken cutlet with mozzarella and romano cheeses in a fresh marinara sauce. 18

## CHICKEN FRANCESE

Chicken cutlets, lightly battered, seasoned, and simmered in our lemon-white wine sauce. 18

## CHICKEN PIZZAIOLA

Breast of chicken sautéed with mushrooms, peppers, onions, capers and garlic in a marinara sauce. 19

#### CHICKEN MARSALA

Breast of chicken sautéed with mushrooms in a brown Marsala wine sauce. **19** 

#### CHICKEN PICCATA

Breast of chicken sautéed with capers, pignoli nuts, and broccoli in a lemon white wine sauce. 19

#### CHICKEN GENOVESE

Breast of chicken topped with eggplant, sliced fresh tomatoes and mozzarella 3 a creamy pesto sauce. 19

#### CHICKEN AND SHRIMP

Breast of chicken topped with shrimp, asparagus, eggplant, sharp provolone in a vodka pink sauce. 24

## VEAL

Served over pappardelle pasta

#### VEAL FIORE

Medallions of veal topped with spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink sauce. 23

## VEAL FIORE WITH LOBSTER

Medallions of veal topped with lobster meat, spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink sauce. MP

#### VEAL PARMESAN

Breaded veal cutlet with mozzarella and romano cheeses in a fresh marinara sauce. 22

#### VEAL PIZZAIOLA

Breaded veal cutlet sautéed with mushrooms, peppers, onions, capers and garlic in a marinara sauce. 23

## VEAL MARSALA

Medallions of veal sautéed with mushrooms in a brown Marsala wine sauce. 23

## VEAL PICCATA

Medallions of veal sautéed with capers, pignoli nuts and broccoli in a lemon white wine sauce. 23

## VEAL GENOVESE

Medallions of veal topped with eggplant, sliced fresh tomatoes and 3 in a creamy pesto sauce. 23

#### VEAL AND SHRIMP

Tender veal topped with shrimp, asparagus, eggplant, sharp provolone cheese in a vodka pink sauce. **29** 



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- Gluten Free Available -



## **APPETIZERS**

#### PASTA FAGIOLI

Fresh beans and pasta in a savory broth. 9

#### FRIED MOZZARELLA

Topped with our marinara sauce. 10

#### ARANCINI

Rice balls, fried per our home-style recipe, with marinara sauce. 11

## MEATBALLS

Topped with marinara sauce and grated Parmesan cheese. 12

## PROSCIUTTO WRAPPED ASPARAGUS

With balsamic glaze. 12

#### PORTOBELLO MUSHROOMS

Baked with garlic, Kalamata olives, Gorgonzola cheese and balsamic vinaigrette. 12

#### FRIED CALAMARI

Fresh calamari served with marinara sauce on the side. **15** 

#### CLAMS CASINO

Half clams topped with roasted peppers and bacon, baked with lemon-butter white wine sauce. 15

### SHRIMP OREGANATA

Baked with oregano, capers and garlic. 15

## PAN SEARED SCALLOPS

With sautéed asparagus and balsamic glaze. 20

## **SALADS**

#### GARDEN SALAD

Mixed greens, tomatoes, cucumbers and Kalamata olives with balsamic vinaigrette. 10

#### CAESAR SALAD\*

Crisp romaine and croutons tossed with parmesan cheese and Caesar dressing. 10

#### BEET SALAD

Roasted beets, almonds, dried cherries and Gorgonzola cheese with balsamic vinaigrette. 12

## ARUGULA SALAD

Fresh arugula, almonds, dried cherries with balsamic vinaigrette and Parmesan cheese. 12

## CAPRESE SALAD

Fresh tomato slices with soft, creamy, fresh mozzarella cheese, sprinkled with basil leaves. 14

## SALAD ADD-ONS

GRILLED CHICKEN 10

**GRILLED SALMON 15** 

GRILLED SHRIMP (4) 15

\*Consuming raw or undercooked meat, poultry, shellfish or eggs may increase your risk of food-borne illnesses.

# DINNER ENTRÉES

**PASTA** 

#### MEAT LASAGNA

Layers of fresh pasta with beef, ricotta and mozzarella in our homemade sauce. 22

#### RIGATONI BOLOGNESE

Rigatoni pasta with our slowly-cooked, tomato based sauce of beef, onions, celery and carrots. 22

#### LINGUINE AND MEATBALLS

Our homemade meatball recipe, with a tomato sauce over linguine. 22

#### LINGUINE AND BROCCOLI

Linguine sautéed with fresh broccoli, garlic, olive oil and butter. 22

#### WILD MUSHROOM RAVIOLI POMODORO

Wild mushroom ravioli in a tomato pesto sauce, with Gorgonzola cheese. 25

#### LOBSTER RAVIOLI

With fresh tomatoes, sundried tomatoes, mushrooms and fresh spinach in a pink vodka sauce. 28

#### LINGUINE WITH CLAM SAUCE

Linguine in a savory red tomato sauce or white clam sauce with garlic and herbs. 28

## **EGGPLANT**

Served over pappardelle pasta

#### EGGPLANT FIORE

Eggplant filled with sundried tomato and spinach, topped with mozzarella and a vodka pink sauce. 23

#### **EGGPLANT PARMESAN**

Breaded eggplant with mozzarella and romano cheeses in a fresh marinara sauce. 20

#### EGGPLANT ROLLATINI

Rolled eggplant with ricotta, mozzarella cheese and spinach in a marinara sauce. 22

## **SEAFOOD**

#### SHRIMP SCAMPI

Butterflied shrimp, capers and garlic in a white wine sauce, sautéed and served over linguine. 28

#### SHRIMP AND SCALLOPS

Shrimp and scallops sautéed with fresh garlic, fresh tomatoes and sundried tomatoes in a marinara sauce over penne. **38** 

## SHRIMP FRA DIAVOLO

Sautéed in a spicy marinara sauce over linguine. 28

#### CALAMARI FRA DIAVOLO

Sautéed in a spicy marinara sauce over linguine. 25

#### SOLE FRANÇAISE

Tender fillets of sole dipped in egg and sautéed in a lemon-butter-white wine sauce. **24** 

#### SALMON OREGANATA

Baked salmon with oregano, garlic, capers and broccoli in a lemon white wine sauce, over pappardelle. 28

#### ZUPPA DI PESCE

Shrimp, mussels, scallops, calamari and clams served over linguine in a marinara sauce. 39

## **CHICKEN**

Served over pappardelle pasta

#### CHICKEN FIORE

Breast of chicken topped with spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink saure 24

#### CHICKEN FIORE WITH LOBSTER

Breast of chicken topped with lobster meat, spinach, fresh tomatoes, sundried tomatoes and mozzarella in a pink sauce. **MP** 

#### CHICKEN PARMESAN

Breaded chicken cutlets with mozzarella and romano cheeses in a fresh marinara sauce. 22

#### CHICKEN AND SHRIMP

Breast of chicken topped with shrimp, asparagus, eggplant, sharp provolone in a vodka pink sauce. 30

#### CHICKEN MARSALA

Medallions of chicken sautéed with mushrooms in a brown Marsala wine sauce. **24** 

#### CHICKEN PICCATA

Breast of chicken sautéed with capers, pignoli nuts, and broccoli in a lemon white wine sauce. 24

#### CHICKEN PIZZAIOLA

Medallions of chicken sautéed with mushrooms, peppers, onions, capers and garlic in a marinara sauce. **24** 

#### **CHICKEN GENOVESE**

Breast of chicken topped with eggplant, sliced fresh tomatoes and mozzarella cheese in a creamy pesto sauce. 25

#### **CHICKEN FRANCESE**

Chicken cutlets, lightly battered, seasoned, and simmered in our lemon-white wine sauce. 25

## VEAL

Served over pappardelle pasta

## VEAL FIORE

Medallions of veal topped with spinach, fresh tomatoes, sundried tomatoes and mozzarella cheese in a vodka pink sauce. **32** 

#### VEAL FIORE WITH LOBSTER

Medallions of veal topped with lobster meat, spinach, fresh tomatoes, sundried tomatoes and mozzarella in a vodka pink sauce. MP

#### VEAL PARMESAN

Breaded veal cutlets in a fresh marinara sauce, with mozzarella and romano cheeses. 29

#### VEAL AND SHRIMP

Tender topped with shrimp, asparagus, eggplant, sharp provolone cheese in a vodka pink sauce. **34** 

#### VEAL MARSALA

Medallions of veal sautéed with mushrooms in a Marsala wine sauce. **29** 

#### VEAL PICCATA

Medallions of veal sautéed with capers, pignoli nuts and broccoli in a lemon white wine sauce. 29

#### VEAL PIZZAIOLA

Medallions of veal sautéed with mushrooms, peppers, onions, capers and garlic in a marinara sauce. **32** 

#### VEAL GENOVESE

Medallions of veal topped with eggplant, sliced fresh tomatoes and mozzarella cheese in a creamy pesto sauce. **32** 

## FROM THE GRILL

All dishes are grilled to your liking and served with mashed potatoes.

PRIME RIB EYE\* – 49
FILET MIGNON\* – 49
GRILLED CHICKEN\* – 22

GRILLED DIVER SCALLOPS\* – 40
GRILLED SHRIMP\* – 28
GRILLED SALMON\* – 28

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Cale Fronc Italian Restaurant & Lounge